



An Roinn Oideachais
Department of Education

St Louis High School

WHAT

Information Session for Parents of 1st Year Students on the topic of Supporting Your Teen's Transition into Post-Primary:

Including:

- **Understanding and supporting good mental health & wellbeing**
- **Managing reluctant school attendance**

WHO

hosted by NEPS Psychologist, Hilary Virtue



WHERE

St Louis High School

WHEN

**Thursday 24th October at 7pm
(during the 1st Year Halloween Disco)**

Please note:

This information session will not offer an opportunity for discussion regarding individual students, due to issues of confidentiality and consent. However, Hilary will endeavour to answer general queries.